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****FOR IMMEDIATE RELEASE****

A Veteran Teacher's Classroom Tips to Avoid Burnout and Thrive

NEW YORK— September 22, 2020—Morgan James' new release, *Classroom Confidential: How I Survived 33 Years in a Public School Classroom...and You Can Too!* by Victoria Lucido, is a wisdom-packed manual for new and struggling teachers. *Classroom Confidential* provides much-needed support to the often overworked, under-appreciated educators who are shaping the nation's youth and future.

Surveys have found that nearly 30% of all teachers leave the profession within their first five years of teaching. This can be attributed to the many hurdles educators face, from lack of funding and support, to stress of classroom management, to the struggle of finding work-life balance. Award-winning teacher Victoria Lucido not only outlasted this statistic, but she thrived for more than three decades as a teacher. She shares her secrets to success in *Classroom Confidential*.

Victoria Lucido tells it like it is, giving educators the inside scoop on what they really need to know in order to make it as a teacher. She offers tips on classroom management, lesson planning, professionalism, fitting in with coworkers, and parent-teacher dynamics. Tens of thousands of new teachers enter the field every year. *Classroom Confidential: How I Survived 33 Years in a Public School Classroom...and You Can Too!* will provide the tens of thousands of new teachers each year with the tools they need to be confident and prepared in the classroom and to enjoy a long, happy career as an educator.

If you would like more information about this topic, or to schedule an interview with Victoria Lucido, please call Nickcole Watkins at 516.900.5674.

About the Author:

Victoria Lucido taught for 33 years in Monterey Peninsula Unified School District. In addition to earning a Bachelor's degree in English from San Jose State University, Vickie graduated with a master's degree in Education from University of New England. She has been recognized seven times by "Who's Who of American Teachers," was awarded "Monterey Teacher of the Year" in 1999 by Monterey Rotary, received the "Mildred Willemsen Award for Excellence in Teaching" in 2011, and was named an "Art Hero" by the Monterey County Office of Education in 2018. Upon retirement in 2018, the Colton Middle School Stage was dedicated to her by Superintendent PK Diffenbaugh and is now called "The Victoria Lucido Stage." Victoria currently resides on Monterey Peninsula, California.

More About This Title:

Classroom Confidential: How I Survived 33 Years in a Public School Classroom...and You Can Too! by Victoria Lucido will be released by Morgan James Publishing on September 22, 2020. *Classroom Confidential*—ISBN 9781642799040—has 160 pages and is being sold as a trade paperback for \$14.95.

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Morgan James publishes trade quality titles designed to educate, encourage, inspire, or entertain readers with current, consistent, relevant topics that are available everywhere books are sold.
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